

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>	<u>Sunday</u>	
Orange Juice Bacon Egg & Cheese Sandwich on Croissant Shredded Hashbrowns Fresh Fruit Mix ALT: Cold Cereal	Apple Juice Waffle with Syrup Sausage Patty Warm Baked Apples ALT: Cold Cereal	Cranberry Juice Breakfast Bake with Ham, Peppers and Potatoes Toast/ 1/2 Banana ALT: Cold Cereal	Grape Juice Cream of Wheat Bagel/Cream Cheese Fresh Blueberries and Strawberries ALT: Cold Cereal	Tomato Juice Scrambled Eggs Fried Ham Toast Cantaloupe ALT: Cold Cereal	Orange Juice Oatmeal English Muffin 1/2 Banana ALT: Cold Cereal	Apple Juice French Toast with Syrup Bacon 1/2 Banana ALT: Cold Cereal	Breakfast
Cracker Crusted Chicken Mashed Potatoes with Gravy Green Beans Bread Ambrosia Freeze ALT: Meatloaf	Beef Pot Roast Au Gratin Potatoes Brussel Sprouts Bread Grape Walnut Salad ALT: Root Beer Ham	Chicken Pot Pies Yellow Wax Beans Corn Muffins Mini Butterfinger Cheesecake Torte ALT: Beef Chow Mein over Rice	Spaghetti with Beef Sauce Garden Salad Garlic Breadsticks Apple Dump Cake ALT: Scalloped Potatoes and Ham	Beer Battered Tilapia with Lemon/Tartar Cole Slaw Potato Salad Rye Roll Cherry Pie ALT: Fried Brat Patty with Onions	Bacon Pork Loin Baked Potato with Sour Cream Buttered Squash Bread Ice Cream Sundaes ALT: Salisbury Steak	Crispy Chicken Dinner Mashed Potatoes with Gravy Buttered Sweet Corn Warm Dinner Rolls Monkey Bread ALT: BBQ Pork Ribs	Dinner
Ham Bean Soup Turkey Bacon Sandwiches Pistachio Fluff ALT: Minestrone Soup	Hot Ham & Cheese Sandwich Potato Chips with French Onion Dip Cookie ALT: Warm Italian Beef on Hoagie Bun	Turkey Noodle Soup/ Crackers Cold Cut Sandwiches Pineapple with Cottage Cheese ALT: Veggie Soup	Hot Dog on Bun Sidewinder French Fries Pasta Salad Cookie ALT: Cheeseburger	Cold Tuna Noodle Salad Tater Tots Deviled Eggs Orange Wedges ALT: Toasted Salami Sandwich	English Muffin Pizza Cucumber Salad Cookie Fruited Jell-O ALT: Mac and Cheese with Bacon and Broccoli	Seven Layer Salad Grilled Cheese Sandwich Cinnamon Applesauce ALT: Tomato Basil Ravioli Soup	Supper

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<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>	<u>Sunday</u>	
Cranberry Juice Cream of Wheat Apple Fritters Grapes	Grape Juice Chocolate Chip or Plain Pancakes with Whip Cream Sausage Links	Tomato Juice Fried Eggs and Bacon Toast 1/2 Banana	Orange Juice Sausage/Egg/Cheese on English Muffin Cubed Fried Potatoes 1/2 Banana	Apple Juice Beef Fried Steak with White Gravy Scrambled Eggs Toast 1/2 Banana	Cranberry Juice Cream of Wheat Iced Cinnamon Rolls Cantaloupe	Grape Juice Waffles with Syrup Bacon 1/2 Banana	Breakfast
ALT: Cold Cereal Lasagna	ALT: Cold Cereal Chicken Stir Fry over Rice	ALT: Cold Cereal Beef Stroganoff with Mushrooms over Egg Noodles	ALT: Cold Cereal Turkey Roast w Gravy	ALT: Cold Cereal Beer Battered Cod w Lemon & Tartar	ALT: Cold Cereal Pork Chops w Baked Apples & Sauerkraut	ALT: Cold Cereal Swedish Meatballs	Dinner
Riviera Vegetables Garlic Bread Lemon Meringue Pie	Garden Salad Egg Roll Apple Turnover with Icing	Sunshine Carrots Baked Red Potatoes Bread Yellow Cake	Cranberry Stuffing Cheesy Hashbrowns Key West Vegetables Bread Pumpkin Pie	German Potato Salad Mixed Vegetables Rye Bread Strawberry Pretzel Salad	Cauliflower and Carrots Twice Baked Potato Ice Cream Cake	Egg Noodles Buttered Beets Bread Chocolate Oreo Torte	WEEK 2
ALT: Swiss Steak in Mushroom Bisque	ALT: Sweet & Sour Meatballs over Rice	ALT: Apricot Ham	ALT: Penne Pasta with Meat Sauce	ALT: Baked Chicken	ALT: Stuffed Pepper	ALT: Baked Haddock w Lemon & Tartar	
Chicken Salad Sandwich	Chicken Tenders with Sauce	Chili	Sloppy Joes on Bun	Mini Chicken Cordon Bleu	Chef Salad	Beef Stew with Buttermilk Biscuit	Supper
Potato Chips Pickles Puppy Chow	French Fries Cocktail Wieners Watermelon	Cold Cut Sandwich Butterscotch Pudding	Corn Chips Pickles Baked Beans Ice Cream Sandwich	Broccoli Cheddar Salad Dinner Rolls Peaches	Cheddar Cheese Slices w Crackers Pears	Mandarin Orange Fluff	
ALT: BBQ Pulled Pork Sandwich/Bun	ALT: Ham Salad Sandwich	ALT: Split Pea Soup	ALT: Egg Salad Sandwich on Rye	ALT: Tuna Melt	ALT: Warm Turkey Over Mashed Potatoes	ALT: Chicken Ala King served over Biscuits	

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Tomato Juice Oatmeal Warm Coffee Cake Grapes ALT: Cold Cereal	Orange Juice Fried Egg Corned Beef Hash Danish 1/2 Banana ALT: Cold Cereal	Apple Juice French Toast with Syrup Bacon Fresh Pineapple ALT: Cold Cereal	Cranberry Juice Cream of Wheat Fresh Strawberries Boiled Egg Toast ALT: Cold Cereal	Grape Juice Blueberry Pancakes or Plain Pancakes Sausage Links Orange Wedges ALT: Cold Cereal	Tomato Juice Oatmeal Cinnamon Swirl Toast 1/2 Banana ALT: Cold Cereal	Orange Juice Scrambled Eggs with Cheese and Bacon Toast 1/2 Banana ALT: Cold Cereal	Breakfast
Beef Steak Sandwich with Sautéed Onions Baked Potatoes & Sour Cream Brown Sugar Carrots Bread Cherry Cheesecake ALT: BBQ Chicken	Honey Garlic Pork over Rice Green Bean Casserole Bread Apple Pie ALT: Beef Tips over Mashed Potatoes	Chicken Marsala with Mushrooms Egg Noodles Mixed Vegetables Bread Strawberry Short Cake ALT: Salmon Fillet	Spaghetti & Meatballs Breadsticks Cucumber Salad Chocolate Éclair Cake ALT: Pork Chops with Potato Pancakes and Syrup	Baked Haddock w Lemon/Tartar Creamy Macaroni and Cheese Broccoli Rye Bread Ice Cream Sundaes ALT: Beef Short Ribs	Beer Brats with Fried Onions Sidewinder Fries California Veggies Bread Fruited Jell-O ALT: Crispy Breaded Chicken	Chicken Cordon Bleu Au Gratin Potatoes Corn & Peas Bread Chocolate Cherry Cake ALT: Italian Sausage with Pasta & Marinara	Dinner
French Onion Soup w Swiss Cheese Grilled Cheese Cold Pasta Salad Applesauce ALT: Tomato Soup	Cheeseburger Pickles Waffle Cut Fries Baked Beans Cookie ALT: BLT'S	Chicken Noodle Crackers Cold Cut on Croissant Peaches ALT: Cheese Broccoli Soup	Scrambled Egg Bake with Toast Mixed Fresh Fruit Mini Donuts ALT: Mini Waffles w Syrup and Sliced Canadian Ham	Fish Sticks with Tartar Sauce Cole Slaw & Potato Salad w Rye Bread Watermelon ALT: Chicken Strips with Sauce	Hawaiian Slider Ham Sandwiches Shoestring Potatoes Cookies and Cream Pudding Pie ALT: Sheppard's Pie	Kielbasa w Mashed Potatoes and Gravy Warmed Dinner Rolls Mandarin Oranges Rice Krispie Treat ALT: Tuna Casserole with Corn Chips	Supper

WEEK
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<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>	<u>Sunday</u>	
Apple Juice Oatmeal Cinnabun Donut with Frosting Warm Baked Apples ALT: Cold Cereal	Cranberry Juice Waffles with Syrup Bacon Orange Wedges ALT: Cold Cereal	Grape Juice Sausage Quiche Toast 1/2 Banana ALT: Cold Cereal	Tomato Juice Cream of Wheat Assorted Donuts 1/2 Banana ALT: Cold Cereal	Orange Juice French Toast with Syrup Sausage Links Fresh Pineapple ALT: Cold Cereal	Apple Juice Pancakes with Mixed Berry Sauce Bacon 1/2 Banana ALT: Cold Cereal	Cranberry Juice Oatmeal Lemon Poppy Seed Muffins 1/2 Banana ALT: Cold Cereal	Breakfast
Onion/Bacon Liver Mashed Potatoes with Brown Gravy Yellow Wax Beans Corn Muffin Peach Cobbler w Vanilla Ice Cream ALT: Italian Seasoned Baked Chicken	Chicken Enchilada Bake Wild Rice Scalloped Corn Bread Key Lime Pie ALT: Maple Pork Loin	Roasted Sage Turkey Breast Yukon Gold Potatoes Carrots & Peas Bread Cherry Turnover ALT: Beef Ravioli in Marinara Sauce	Spiral Ham Cheesy Layered Hashbrown Bake Buttered Beets Bread Pumpkin Bars ALT: Crispy Shrimp with Cocktail Sauce and Lemon	Coconut Tilapia w Lemon/Tartar Scalloped Potatoes Tuscan Vegetables Rye Bread Raspberry Torte ALT: Turkey Tetrazzini	Rosemary Chicken Seasoned Red Potatoes Buttered Peas Bread Ice Cream Sundaes ALT: Swiss Steak with Gravy	Fire Braised Pork Sweet Potatoes Riviera Vegetables Bread Tapioca Pudding with Whip Cream ALT: Reuben Sandwich on Rye	Dinner
Meatloaf Sandwich on Bun w Ketchup Onion Rings Mixed Fresh Fruit Ice Cream Sandwich ALT: Chipped Beef over Toast	Cheese Bacon Potato Soup Crackers Buttered French Bread Vanilla Pudding ALT: Tomato Soup	Tater Tot Casserole Pasta Salad Tropical Fruit Fluff ALT: Pizza with Garlic Focaccia Bread	Chef Salad with Dinner Roll Peaches with Cottage Cheese Frosted Brownies ALT: Turkey Sandwich Croissant w Chips	Fish Patty on Bun with Lemon/Tartar Warm German Potato Salad Lemon Bars ALT: BLT'S	Breaded Chicken Patty on Bun w Lettuce & Mayo Sour Cream Chive Potato Wedges Fruit Cocktail ALT: Pizza Burger	Chili Crackers Bologna and Cheese Sandwich Blushing Pears ALT: Chicken Rice Soup	Supper

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